

WAVOO WAJEEHA WOMEN'S COLLEGE OF ARTS & SCIENCE



KAYALPATNAM

WAJEEHA SKILL ACADEMY



SKILL BASED COURSE ACTIVITIES 2012 ONWARDS



Students love to be in this group as most of the Kayalpatnam students love cooking, serving new varieties of dishes which sometimes excel the star hotels. They cook, serve teach the methods and enjoy eating too.

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

KITCHEN CORNER

1-15 DAYS Introduction to Nutrition & Dietetics,

Planning diets, the food guide pyramid, Food groups and their nutrients, RDA, Nutritional requirements of adult men and women, Planning diet chart, calculating the nutrients, Preparation of recipes, Discussing elaborately on its Preparation and uses.

31-45 Days Theory on elaborating the importance of nutrients in food required by expectant mothers, lactating women and old age people, planning a diet chart for them, Calculating the nutrients, Preparation of the recipes.

16-30 Days Planning the diet for

Obesity, underweight, Pre-school children, School children and adolescents, Calculation of nutrient contents in the planned diet, Preparation of the recipes. + Theory classes on what is obesity, underweight and its prevention and cures.

46-60 Days Understanding what is diabetes mellitus, hypertension and iron deficiency anaemia, causes, prevention and cures. What are the nutritional and food required for them and its uses. Planning the diet chart, calculating its nutrients and preparation of recipes.

Wavoo Wajeeha Women's College of Arts and Science, Kayalpatnam		
Wajeeha Skill Academy 2018-2019		
Dec 2018 to April 2019		
Skill Based Course Activities - Kitchen Corner		No.of.Students:31
Sec- A		
S.No	Class	Name
1	II B.Com	Afrin M
2		Ananthajothi C
3		Devimuthumari M
4		Fathima Mumtaj A S
5		Sabeena S
6		Saffrin Fathima K M
7		Thaslima S
8		Zaheera M A
9		Aysha Saheera M M
10		Halima Nasrin A R
11		Kithuru Fathima J A
12	II BBA	Faseeha A R
13		Fathima Faheema S
14		Fathima Muallifa Z M
15		Fathima Munawwara S H
16		Fathima Sulthana S S
17		Mohamed Fathima K M
18		Sara Sakira A M
19		Seyed Afsana Fathima A
20		Zubaidha Munziya M M
21	III CS	Aariba Roshan M
22		Athinin Jisa M F
23		Fathima Beevi M
24		Fathima Nihara A M
25	III CS	Fathima Nushfa S
26		Hania Zainb A H
27		Kadera Fathima S M
28		Mukaddasa S A T
29		Raheema S I
30		Rahma Hifaza M M
31	III IT	Samiha M


(S.A.K.Muthu Mohudoon Fathima)

CO-ORDINATOR
WAJEEHA SKILL ACADEMY
 Wavoo Wajeeha Women's College of Arts & Science
 Tiruchendur Road,
 Kayalpatnam - 628 204.


(Dr. R.C.Vasuki)

PRINCIPAL
WAVOO WAJEEHA WOMEN'S COLLEGE
 OF ARTS AND SCIENCE
 Tiruchendur Road, Kayalpatnam-628 204,
 Thoothukudi Dist., Tamil Nadu.

Wavoo Wajeeha Women's College of Arts and Science

Kayalpatnam

Wajeeha Skill Academy 2018-2019

December to April

Kitchen Corner

Staff Name:

Venue :

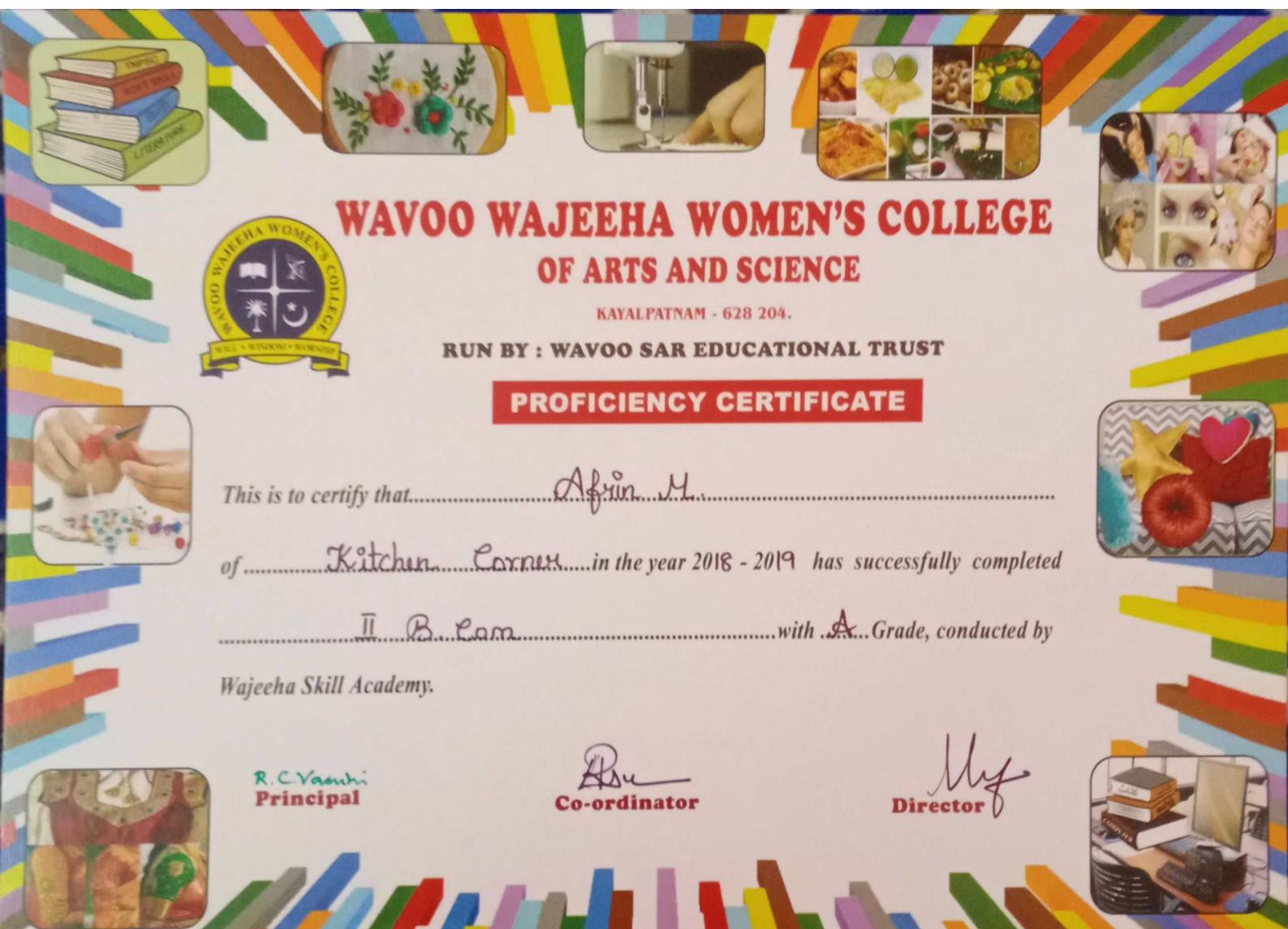
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S.No	Class	Name	DD/MM/YY																													
			12/10/2018	13/10/2018	14/10/2018	15/10/2018	16/10/2018	17/10/2018	18/10/2018	19/10/2018	20/10/2018	21/10/2018	22/10/2018	23/10/2018	24/10/2018	25/10/2018	26/10/2018	27/10/2018	28/10/2018	29/10/2018	30/10/2018	31/10/2018	01/11/2018	02/11/2018	03/11/2018	04/11/2018	05/11/2018	06/11/2018	07/11/2018	08/11/2018	09/11/2018	
1	II B.Com	Afrin M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
2		Ananthajothi C	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
3		Devimuthumari M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
4		Fathima Mumtaj A S	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
5		Sabeena S	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
6		Saffirin Fathima K M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
7		Thaslima S	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
8		Zaheera M A	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
9		Aysha Saheera M M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
10		Halima Nasrin A R	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
11		Kithuru Fathima J A	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
12	II BBA	Faseeha A R	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
13		Fathima Faheema S	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
14		Fathima Muallifa Z M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
15		Fathima Munawwara S H	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
16		Fathima Sulthana S S	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
17		Mohamed Fathima K M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
18		Sara Sakira A M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
19		Seyed Afzana Fathima A	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
20		Zubaidha Munziya M M	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x

6/9/2019

B.T.C.Vasuki

PRINCIPAL
WAVOO WAJEEHA WOMEN'S COLLEGE
OF ARTS AND SCIENCE
Tiruchendur Road, Kayalpatnam-623 204,
Theoothukudi Dist., Tamil Nadu.



WAVOO WAJEEHA WOMEN'S COLLEGE OF ARTS AND SCIENCE



KAYALPATNAM - 628 204.

RUN BY : WAVOO SAR EDUCATIONAL TRUST

PROFICIENCY CERTIFICATE

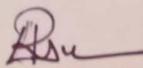
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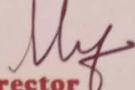
of..... Kitchen Corner..... in the year 2018 - 2019 has successfully completed

..... II B. Com..... with A..... Grade, conducted by

Wajeeha Skill Academy.

R. C. Vaathi
Principal


Co-ordinator


Director